



TLC FOR KIDS' ACCOUNTS



@tlcforkids



@tlcforkidsaustralia



@tlc-for-kids

SOCIAL MEDIA COPY

We're proud to be part of Tap 2 Distract Workplace Wellbeing, helping make free, stigma-free wellbeing support easier to access for our team and the people they care about.

Whether you're feeling stressed, overwhelmed or simply need a moment of calm, Tap 2 Distract offers practical support in the palm of your hand.

We encourage other businesses to get involved and make this valuable resource available to their people too.

Want your workplace to be part of it? Visit workplace.tap2distract.org.au

#tlcforkids #yourbusinessname #workplacewellbeing #tap2distract

SOCIAL MEDIA COPY (EXTENDED)

We're proud to be part of Tap 2 Distract Workplace Wellbeing, helping make free, stigma-free wellbeing support easier to access for our team and the people they care about.

Stress and overwhelm don't always happen at convenient times. Sometimes, people need something practical they can access immediately.

Tap 2 Distract provides simple, interactive activities designed to offer a moment of distraction, calm and reset. It complements existing workplace wellbeing initiatives and EAP services, with no employee accounts or training required.

The resource isn't limited to the workplace, either. Our team can also share it with their children, parents, grandparents, friends and anyone else who may benefit from a little extra support in the moment.

We're pleased to make Tap 2 Distract available to our people, and we encourage other businesses to do the same.

Would you like your workplace to be part of it?

Learn more and register your interest at:
workplace.tap2distract.org.au

#tlcforkids #yourbusinessname #workplacewellbeing #tap2distract

Tap 2 Distract has been created and distributed by TLC for Kids Inc.

Tap 2 Distract is a practical wellbeing resource and does not replace professional, medical or psychological support.

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TLC for KIDS
EST. 1998